

Sian Brice – Bio May 2022

Sian feels very privileged to be a part of the Trustees Team. She is passionate about the positive effects sport can have both physically and mentally (and that this feels more important than ever at present).

From a child that enjoyed all sports to becoming an Olympian (Sydney 2000, GB triathlete) and then onto coaching, Sian has experienced all levels of sport. She feels strongly that grass-roots sport plays a huge role in personal and community well-being & development.

Away from sport, Sian has a Biochemistry degree, is a chartered accountant and now runs Beatbike - a company that coaches/facilitates/promotes women (mainly) in cycling.